



Sample Itinerary – Five days in NYC for the novice

Where to stay: **NOT midtown** – try a boutique hotel downtown like [Duane Street Hotel](#) in Tribeca or [Highline Hotel](#) in Chelsea

Day	Activity	Why?	Eat at/Shop At	
Arrival Day - pm	Walk down to battery park for Statue of Liberty/ Ellis Island boat and Tribeca for dinner	Beautiful riverside stroll and a chance to trace your ancestors.	Locals fav: Thalassa , Tiny's & Roc Splurge: Locanda Verde or Bouley	Torly Kid in Tribeca
Day 2 - am	Walk Highline – start at northernmost point (34 th and 10 th) and have lunch in Chelsea	A chance to experience a walk along an old elevated rail line and see some public art along the way for free. Approx 1.5 miles long	Locals fav: Death Ave. , Cookshop , or Red Cat	Story – a concept store that changes every 3 months.
Day 2 - pm	Tour Whitney Museum downtown followed by shopping and dinner/cocktails in Meatpacking district	Because downtown museums are cool. Art museum featuring 20 th century and contemporary art.	Locals fav: Biergarten at Standard for drinks, Bubby's for fried chicken Splurge: Standard Grill or Soho House	Jeffrey – iconic high end apparel
Day 3 – am	Start in midtown tour Grand Central Terminal, walk to Empire State Building - tour Empire State, walk down 5 th Ave to Flatiron for lunch	Grand Central for the whispering wall and Empire State because it's the Empire State Building.	Lunch at Eataly in Flatiron Locals fav: get food and bring to Madison Square park Splurge: eat at one of the several restaurants in Eataly	Pig in Grand Central for unique NYC souvenirs

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Day 3 – pm	Follow 5 th for shopping, continue to Union Square and end up in Washington Square Park in Greenwich Village.	5 th Ave for some fun shops Union Square to get a little bit of anarchy in your life Washington Square Park to learn a new song on your guitar	Dinner in Village: Locals Fav: OTTO Enoteca (Mario Batali) or Minetta Tavern or ZZ's Clam Bar	Flying Tiger for fun gifts or Fish's Eddy for great kitsch
Day 4 – am	An uptown museum and lunch	Take your pick: Museum of Natural History, the Met, the MOMA, the Guggenheim and many more	If on the west side, Shake Shack . If east side try Untitled in the Whitney or if at the MOMA try the Halal guys food truck on the corner of 53 & 6.	
Day 4- pm	Central Park, dinner, drinks	Because Belvedere Castle, the Zoo, the lake, the Bow Bridge and Strawberry Field.	Locals like: Landmarc Time Warner Center or Rotisserie Georgette Splurge: Jean Georges or Masa	
Day 5 – am	My downtown cupcake tour	Because cupcakes!	No need for lunch	Torly Kid in Tribeca
Day 5 – pm	Rockefeller center, Times Square, dinner and a Broadway show	Because no trip to NYC is complete without a little time in the belly of the beast	DB Bistro Moderne (Daniel Boulud), STK Midtown , or for real quick and casual either City Kitchen or Gotham West Market	

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